



# Global Vision International

## Gordon's Bay, South Africa

### **Global Health Internship**

#### Organization Overview

GVI was established in 1998 and operates award winning International Internships and Service Learning programs focused on global issues and framed around the UN's Sustainable Development Goals (SDGs). We partner and support many local and international NGOs and government organizations including the National Parks of Thailand, Mexico, Costa Rica and South Africa, WWF (Mexico), Save the Children (Mexico), Red Cross (Fiji), Panthera, The UN Global Compact and many others around the world.

All GVI's projects have short, mid and long-term objectives that fit with the United Nations Sustainable Development Goals or UNSDGs. These are a set of coherent goals focused on sustainable development in the economic, social and environmental fields.

GVI's main goal is based on making viable changes in all the communities we work in. We run responsible and sustainable award-winning projects and are proud to say that the impact of our work is life changing, for both the local people, our partners and our volunteers. Volunteers from all ages and from all walks of life contribute to this important impact and success of our projects.

Our core ethics and best practices we believe are essential to the operation of high quality, ethical volunteer, and sustainable development programs:

- Locally-driven, Collaborative Projects
- Clear Objectives and Sustainable Outcomes
- Impact Reporting
- Working Against Dependency
- Responsible Exit Strategies
- Clear Roles and Specialized Training
- Respect for All
- Local Ownership
- Transitioning from The Orphanage Model
- Child and Vulnerable Adults Protection

#### Social Issue Focus & Impact

Travel to a small seaside town an hour outside Cape Town to facilitate greater health and well-being in the local community. A major part of GVI's ongoing efforts to support health in the community involves providing volunteers and interns to facilitate sports lessons at a local primary school. This helps to instill the habit of daily exercise in local children from a young age, helping them reap the many proven benefits of regular physical activity. In the process, participants gain confidence as a leader and practice new skills like intercultural communication. GVI also runs a girls' empowerment group at a local primary school and participants focusing on health-related topics will have the



opportunity to discuss women's health topics with this group. They'll also facilitate healthy hygiene habits at a local creche in alignment with UNICEF's WASH or Water, Sanitation and Hygiene initiative. Interns will have the opportunity to engage early childhood and primary school groups in other health-related topics like nutrition. Identifying a public health need in the community as well as designing and delivering an adult workshop to address this need is an important part of the work interns complete on this program. Workshops may focus on first aid skills, hygiene and transferable illness, mental health awareness, substance abuse, and other important health topics.

### Position Description

Our Cape Town-based community development programs involve researching, planning and delivering practical skills workshops in the local community alongside the direction of local partners. We are partnered with educare centers, creches, and the local community center of Nomzamo. We have been working with our current partners in the Nomzamo township for more than six years and see the relationship as a long-term partnership with core underlying sustainable principles. We provide support where it is needed by our partners and local communities.

- Improving the quality of education in the areas of Nomzamo and Zola.
- Promoting gender equality in the local community
- Increasing the health, self-sufficiency and wellbeing of community members with less resources available to them.
- Increasing in-country capacity by providing long term training to help the local community achieve their long-term sustainability objectives.

### Student Profile

Students with experience working in cross-cultural settings and flexibility will be viewed favorably.

### Time Frame

6 – 12 week options available.