

# Child Family Health International

## Child Family Health International – Various Local Organizations

Kabale, Uganda

### Community Health Outreach, HIV, and Nutrition

#### Organization Overview

Child Family Health International is a leader in global health education, facilitating international internships that meet rigorous ethical, safety, and academic standards. CFHI's socially responsible approach and reciprocal, long-term partnerships with communities, ongoing support of local healthcare infrastructure, US and local staff structures, as well as time-tested policies and procedures protect the wellbeing of both students and host communities. Our global partnerships with physicians, clinical and public/community health sites are established and reliable, and CFHI offers the expertise needed to administer global health programs to match academic needs.

#### Social Issue Focus & Impact

Uganda has the 20th highest maternal mortality rate and the 15th highest infant mortality rate in the world, according to the World Health Organization, with the majority of people living on less than \$2 per day. Given high national rates of malnutrition, anemia, HIV/AIDS, malaria, and other diseases, many pregnant women are at risk of complicated births that lead to illness or death. Approximately 45% of children under the age of 5 suffer from severe malnutrition. There's no shortage of food in Uganda, yet the majority of its poorest households are reported to be "food insecure," with poor health and disease exacerbated by malnutrition.

#### Position Description

Students will become a part of the community in Kabale, a town located in southwestern Uganda, and intern at a local nonprofit organization. While in Kabale, interns will learn about their groundbreaking, integrated approach to addressing and improving maternal and child health and food insecurity.

Interns in this program accompany local health workers in a variety of clinical settings. They also conduct health outreach alongside health workers in rural villages and explore how nutrition and HIV and other illnesses are closely linked. Interns assist staff in their efforts to treat and prevent maternal and child malnutrition through education and counseling. Visit local primary and secondary schools and participate in Nutrition Education Outreach using participatory drama and theater. Learn about sustainable agriculture, novel protein sources in the form of a rabbit breeding center, and permaculture with a local social enterprise organization. Participate in workshops with village community groups and explore methods of growing a diversity of foods.

In this semi-rural program, interns stay in dormitories, located on the NGO premises. Kabale is a short walk away. Language classes will take place in Kabale or on-site at the NGO offices.

#### Student Profile

Ideal candidates will have some experience with or knowledge of maternal/child/infant health issues in a global context, and/or experience or knowledge of issues surrounding agriculture and food security in the context of low-resource global communities. No language requirement.

#### Time Frame

9 weeks